



Week 3: “Rethink It”

We learn from our mistakes in the areas that matter least. We repeat our mistakes in the areas that matter most. Too often, we look at our pasts and our decisions don’t even make sense to us. We end up asking, “What was I thinking?” But how do we avoid getting stuck in cycles of repeated mistakes that take our lives down the wrong paths?

DISCUSSION QUESTIONS

1. What’s one thing from your past, big or small, you wish you could “do over.” If you could go back in time, what would you do differently?
2. Talk about a time when you saw someone make a mistake even though everyone around him or her warned that it was a mistake. Why do you think that person was unable to recognize that he or she was making a mistake even though it was obvious to everyone else?
3. When have you believed that if you only had something or someone, you’d be satisfied with your life? If you finally obtained that something or someone, what was the result?
4. Talk about a time when you made a mistake because you believed your situation was unique. How did you discover you weren’t alone, that other people had experienced similar situations? How did that change your perspective and your situation?
5. Read Romans 12:1–2. What is one area of your life where you’re trying to put on the new without first taking off the old? What is one thing you can do this week to begin to renew your mind in this area? What can this group do to support you?

MOVING FORWARD

Don’t end up asking, “What was I thinking?” Don’t be a conformer. Be a transformer. Next time can be better than last time if you change the way you think.